

The Life Frame

Interpersonal Arena

The realm of friendship.

Primary Focus:

- Friendship (outside of roles).
- Dating and romance.
- Casual small group involvements.
- Companionship.
- Informal presentation of self.

Environmental Arena

The realm of large scale and long-term systems.

Primary Focus:

- Nature and the global environment.
- Natural history and Evolution (i.e. Human as *one* species among other species).
- Human history and culture.
- Global systems of interaction.

Structural or Communal Arena

The realm of organizations and communities.

Primary Focus:

- Institutions and organizations.
- Family
- Formal roles and responsibilities.
- Professional & vocational involvements.
- Formal presentation of self.

Individual Arena

The realm of the 'inner life.'

Primary Focus:

- Night dreams and self-dialogue.
- Personal history and 'inner tapes.'
- Family of origin scripting.
- Relationship to my body.
- Tacit sexuality and orientation.

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